


February – LGBTQ+ History Month

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

 Content being posted on this date

The above calendar shows which dates during the month that content will be posted.

All times, captions and hashtags of each post are detailed below.

LGBTQ+ History Month Captions and Hashtags

Wednesday 1st February

Time: 12pm

What to upload: [LGBTQ_GRAPHIC.png](#) uploaded on Instagram, Facebook, Twitter and LinkedIn

Caption: Today marks the beginning of LGBTQ+ History Month!

Every week Sported will be reinforcing that

- Sport has no barriers of gender or sexuality
- Sport is inclusive
- Sport is For All

#SPORTFORALL #LGBTQHistoryMonth2023

Friday 3rd February

Time: 12pm

What to upload: [LGBTQ_VIDEO1.mp4](#) uploaded on Instagram, Facebook, Twitter and LinkedIn

Caption: Be a Team player. Be an Athlete. Be who you want to be and pave the way for the next person.

Sport has no barriers of gender or sexuality. Sport is Inclusive. Sport is For All.

#SPORTFORALL #LGBTQHistoryMonth2023

Friday 10th February

Time: 12pm

What to upload: [LGBTQ_VIDEO2.mp4](#) uploaded on Instagram, Facebook, Twitter and LinkedIn

Caption: LGBTQ+ Rights are hard fought everyday but everyone has the right to participate especially in Sport.

Sport has no barriers of gender or sexuality. Sport is Inclusive. Sport is For All.

#SPORTFORALL #LGBTQHistoryMonth2023

Friday 17th February

Time: 12pm

What to upload: [LGBTQ_VIDEO3.mp4](#) uploaded on Instagram, Facebook, Twitter and LinkedIn

Caption: When you're finally honest about who you are, you find others like you.

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#SPORTFORALL #LGBTQHistoryMonth2023

Friday 24th February

Time: 12pm

What to upload: [LGBTQ_VIDEO4.mp4](#) uploaded on Instagram, Facebook, Twitter and LinkedIn

Caption: Sported supports grassroots clubs that promote teamwork and self-confidence by creating an environment of inclusion and participation, where all levels of ability are welcomed and nourished.

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#SPORTFORALL #LGBTQHistoryMonth2023