

26 Mile Challenge

8 Week Schedule

Image	Day	Folder	Caption	Tags	Hashtags
Week 1					
week1day1.png	Monday 11th	Week 1	Check what we are all about. Read more down below: https://thedailymile.co.uk/	@thedailymileni @Belfastcitymarathon	#Inclusivity #DailyMile
week1day2.png	Wednesday 13th	Week 1	Get involved now Read more down below: https://thedailymile.co.uk/school-signup/	@thedailymileni @Belfastcitymarathon	#GetInvloed #GoTheExtraMile
week1day3.png	Thursday 14th	Week 1	The Belfast Marathon is 8 weeks away!	@thedailymileni @Belfastcitymarathon	#DailyMile #BelfastMarathon
week1day4.png	Friday 15th	Week 1	This is where your journey begins, start your 26 mile challenge now!	@thedailymileni @Belfastcitymarathon	#MileOne #GoTheDistance
Week 2					
week2day1.png	Monday18th	Week 2	(School name) has just joined the 26 mile challenge! What is stopping you from joining?	@thedailymileni @Belfastcitymarathon	#FunForAll #ExtraMile
week2day2.png	Tuesday 19th	Week 2	Don't forgot those who go the extra mile will be the frontrunner for the prize. Get those miles in!	@thedailymileni @Belfastcitymarathon	#ExtraMile #GoTheDistance
week2day3.png	Wednesday 20th	Week 2	(School name) has just reached mile 7 Ormeau Park, they've got a good head start.	@(School) @thedailymileni @Belfastcitymarathon	#MileSeven #OneMileAtATime
week2day4.png	Thursday 21st	Week 2	Countdown to the marathon!	@thedailymileni @Belfastcitymarathon	#GetInvloed #GoTheExtraMile

week2day5.png	Friday 22nd	Week 2	(School) of the week! They are off to a good Start!	@(School) @thedailymileni @Belfastcitymarathon	#ExtraMile #GoTheDistance
Week 3					
week3day1.png	Monday 25th	Week 3	Check out your progress and see how far you have come in the Belfast City Marathon. LINK	@thedailymileni @Belfastcitymarathon	#OneMileAtATime #DailyMile
week3day2.png	Tuesday 26th	Week 3	Don't Panic! There is still plenty of time to join.	@thedailymileni @Belfastcitymarathon	#GetInvloved #GoTheDistance
week3day3.png	Wednesday 27th	Week 3	(School name) has just reached mile 9 Belfast City Hall. They are on good pace.	@(School) @thedailymileni @Belfastcitymarathon	#MileNine #BelfastMarathon
week3day4.png	Thursday 28th	Week 3	5 weeks until the Belfast City Marathon Begins! Keep Running!	@thedailymileni @Belfastcitymarathon	#Inclusivity #BelfastMarathon
week3day5.png	Friday 29th	Week 3	(School) of the week! They are setting a good Pace!	@(School) @thedailymileni @Belfastcitymarathon	#GetInvloved #GoTheExtraMile
Week 4					
week4day1.png	Monday 1st	Week 4	You are halfway there! Keep pushing forward!	@thedailymileni @Belfastcitymarathon	#GoTheDistance #thedailymileni
week4day2.png	Tuesday 2nd	Week 4	Don't forget that parents can also take part in the Daily Mile!	@thedailymileni @Belfastcitymarathon	#FunForAll #ExtraMile

week4day3.png	Wednesday 3rd	Week 4	(School) has just reached mile 11 Rise Sculpture. They are Nearly Halfway there.	@(School) @thedailymileni @Belfastcitymarathon	#FunForAll #ExtraMile
week4day4.png	Thursday 4th	Week 4	XX days left until the halfway Belfast City Marathon Starts!	@thedailymileni @Belfastcitymarathon	#JustOneMoreMile #GoTheExtraMile
week4day5.png	Friday 5th	Week 4	(School) of the Week! They are going the Extra Mile!	@(School) @thedailymileni @Belfastcitymarathon	#GetInvloved #GoTheExtraMile
Week 5					
week5day1.png	Monday 8th	Week 5	The 26 mile challenge can be completed by everyone.	@thedailymileni @Belfastcitymarathon	#DailyMile #Inclusivity
week5day2.png	Tuesday 9th	Week5	We hope everyone should be around mile 15. If not don't worry keep pushing!	@thedailymileni @Belfastcitymarathon	#DailyMile #BelfastMarathon
week5day3.png	Wednesday 10th	Week 5	Do not forgot to take your well earned break and the halfway point rest stop.	@thedailymileni @Belfastcitymarathon	#JustOneMoreMile #GoTheExtraMile
week5day4.png	Thursday 11th	Week 5	24 Days until the the Belfast City Marathon begins, Get them Miles in!	@thedailymileni @Belfastcitymarathon	#ExtraMile #GoTheDistance
week5day5.png	Friday 12th	Week 5	(School) of the week! They are doing wonderfully!	@(School) @thedailymileni @Belfastcitymarathon	#GetInvloved #GoTheExtraMile
Week 6					

week6day1.png	Monday 15th	Week 6	(school name) are going #extramile they have reached mile X they are setting a good pace.	@(School) @thedailymileni @Belfastcitymarathon	#ExtraMile #BelfastMarathon
week6day2.png	Tuesday 16th	Week 6	You are three quarters the way! Everyone is doing so well keep going.	@thedailymileni @Belfastcitymarathon	#BelfastMarathon #ExtraMile
week6day3.png	Wednesday 17th	Week 6	Mile 20 is the Waterworks	@thedailymileni @Belfastcitymarathon	#MileTwenty #DailyMile
week6day4.png	Thursday 18th	Week 6	There is 17 days Left until the Belfast City Marathon starts, Keep Pushing!	@thedailymileni @Belfastcitymarathon	#GoTheDistance #BelfastMarathon
week6day5.png	Friday 19th	Week 6	School of the week. Congratulations (school) on their Brilliant Pace!	@(School) @thedailymileni @Belfastcitymarathon	#GetInvloed #GoTheExtraMile
Week 7					
week7day1.png	Monday 22nd	Week 7	You are nearly there, it is just around the corner.	@thedailymileni @Belfastcitymarathon	#OneMileAtATime #BelfastMarathon
week7day2.png	Tuesday 23rd	Week 7	All schools should be hitting X mile, if not there is still one more week to go	@thedailymileni @Belfastcitymarathon	#ExtraMile #GoTheDistance
week7day3.png	Wednesday 24th	Week 7	The Big Fish – Mile 22 of the Belfast City Marathon	@thedailymileni @Belfastcitymarathon	#GoTheDistance #mile22
week7day4.png	Thursday 25th	Week 7	10 Days Left until the Belfast City Marathon Starts!	@thedailymileni @Belfastcitymarathon	#ExtraMile #GoTheDistance
week7day5.png	Friday 26th	Week 7	(School) of the week. Congratulations (school) on their incredible proformance	@(School) @thedailymileni @Belfastcitymarathon	#GetInvloed #GoTheExtraMile

Week 8					
week8day1.png	Monday 29th	Week 8	Nearly at the finish line now. Just one last push!	@thedailymileni @Belfastcitymarathon	#JustOneMoreMile #GoTheExtraMile
week8day2.png	Tuesday 30th	Week 8	Lets all cheer the Belfast City Marathon Runners	@thedailymileni @Belfastcitymarathon	#FunForAll #ExtraMile
week8day3.png	Wednesday 1th	Week 8	The Finish line falls in Ormeau Park. Everyone should hopefully be hitting here soon!	@thedailymileni @Belfastcitymarathon	#ExtraMile #GoTheDistance
week8day4.png	Thursday 2nd	Week 8	(School) of the week! (school) has done brilliant on the final day of the 26 Mile Challenge	@(School) @thedailymileni @Belfastcitymarathon	#GetInvloved #GoTheExtraMile
week8day5.png	Friday 3rd	Week 8	Congratulations everyone you have completed your 26 mile challenge. The Belfast City Marathon is now completed	@thedailymileni @Belfastcitymarathon	#ExtraMile #DailyMile