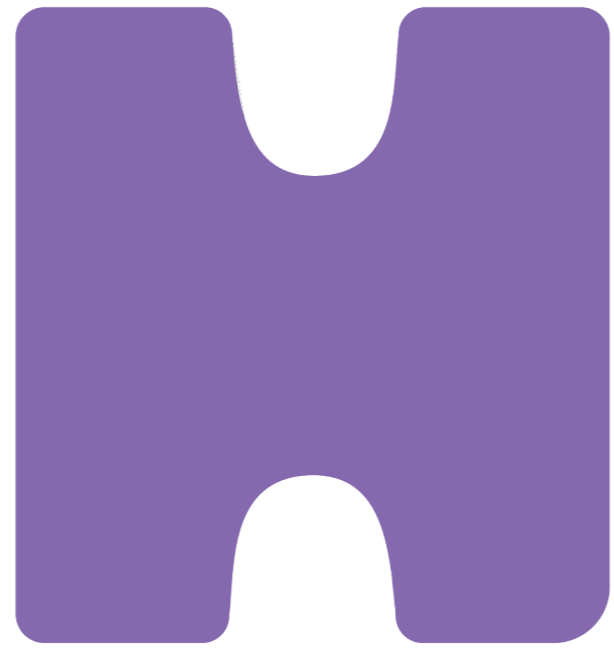


**H Y A R**

HEALTHY YOUNG ADULT RELATIONSHIPS

# Submark



# Logo Variations

**HYAR**

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**HY  
AR**

**HYAR**

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**HY  
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# Colour Palette



**Deep Teal**

**#2A99A3**



**Violet**

**#8469AC**



**Cobalt**

**#3D6DB4**



**Sunbeam**

**#FDE816**



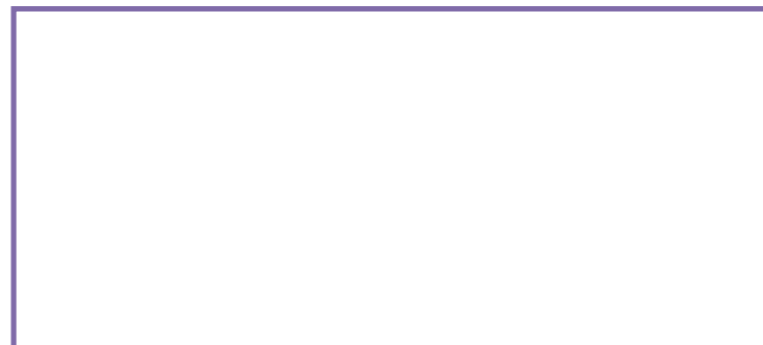
**Black**

**#000000**



**Copper**

**#DB4814**



**White**

**#ffffff**



# Typography

## Header

### Futura Bold

ABCDEFGHIJKLMNOPQRSTUVWXYZ  
abcdefghijklmnopqrstuvwxyz

## Body

### Montserrat Regular

ABCDEFGHIJKLMNOPQRSTUVWXYZ  
abcdefghijklmnopqrstuvwxyz

## Sub Heading

### Montserrat SemiBold

ABCDEFGHIJKLMNOPQRSTUVWXYZ  
abcdefghijklmnopqrstuvwxyz

## Caption

### Futura Medium

ABCDEFGHIJKLMNOPQRSTUVWXYZ  
abcdefghijklmnopqrstuvwxyz

# Workshop 1 Mock-ups

## Cover Slide

Workshop 1

### Relationship with self

self-love, Self-care, Self-worth and building boundaries



**Outcomes**

Relationship with self is the first building block in HYARs training. This workshop will support with:

-  Increased healthy relationship knowledge and behaviour
-  Increased IPV (Intimate Partner Violence) help seeking
-  Decreased experience of IPV
-  Decreased negative physical and mental healthy outcomes relating to IPV



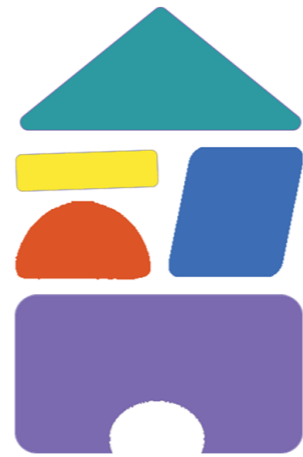
# Workshop 2 Mock-ups

## Cover Slide

Workshop 2

### Education about healthy and unhealthy relationships

Impacts of IPV (Intimate Partner  
Violence) including coercive control



### Outcomes

This workshop outlines and educates about what is healthy and unhealthy in a relationship, touching on impacts of IPV and coercive control



Reduce social norms regarding acceptance of violence within ALL types of intimate relationships



Reduce gendered norms regarding use of violence and abuse in ALL types of intimate relationships



Promote healthy models of ALL types of loving relationships

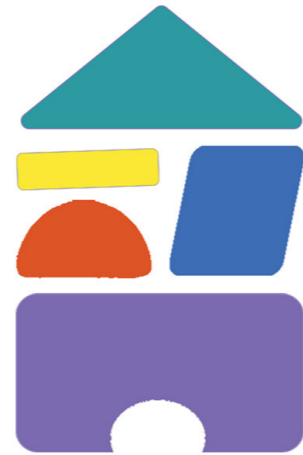
# Workshop 3 Mock-ups

## Cover Slide

Workshop 3

### Awareness of support sources/services

Increase knowledge and recognition of healthy and unhealthy relationship practices



### Outcomes

This workshop builds on awareness knowledge of support sources and services. Bringing to light:



Knowledge and recognition of healthy and unhealthy relationships practices including the law around this



Increase positive attitudes towards conflict resolution tactics



Aid in the identification of sources of support when facing unhealthy relationships (own or others)

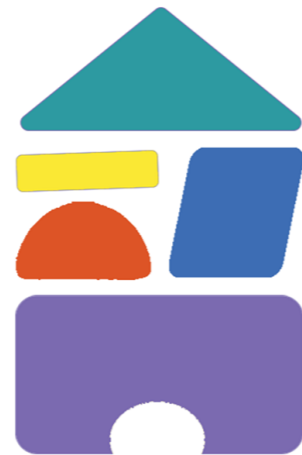
# Workshop 4 Mock-ups

## Cover Slide

Workshop 4




### Peer Communication

Increase communication capacity  
between parent/carers, parents and  
young people



### Outcomes

This workshop looks at healthy peer  
communication tactics and encouragement. Focusing  
on how:

-  Increase in communication capacity between peers and young people about unhealthy intimate relationships
-  Communication decreasing victimisation and perpetration normals
-  Builds stronger community perceptions regarding IPV ( Intimate Partner Violence )



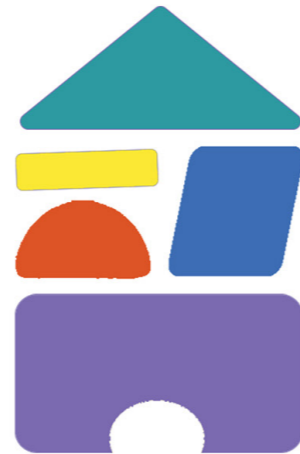
# Workshop 5 Mock-ups

## Cover Slide

Workshop 5

### Parent/Carer and young person communication

Drawing the line, speaking up and asking for help



### Outcomes

This workshop looks at parent/carers and young person communication. Building safe places and encouraging engagement. Focusing on:



Increase in communication capacity between peers and young people about unhealthy intimate relationships

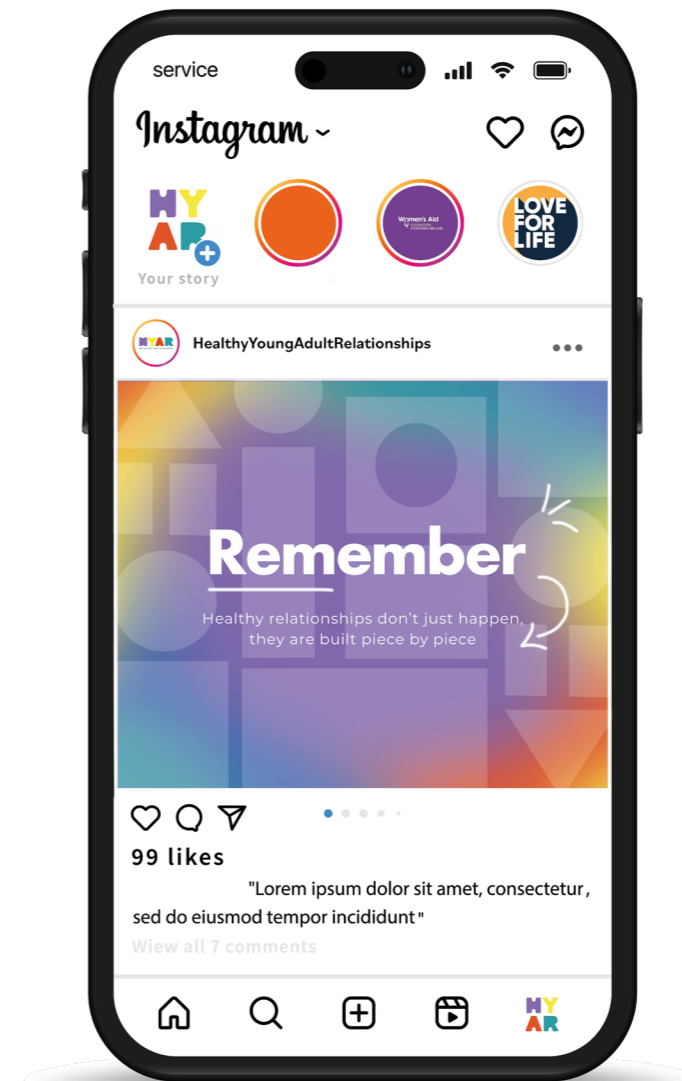
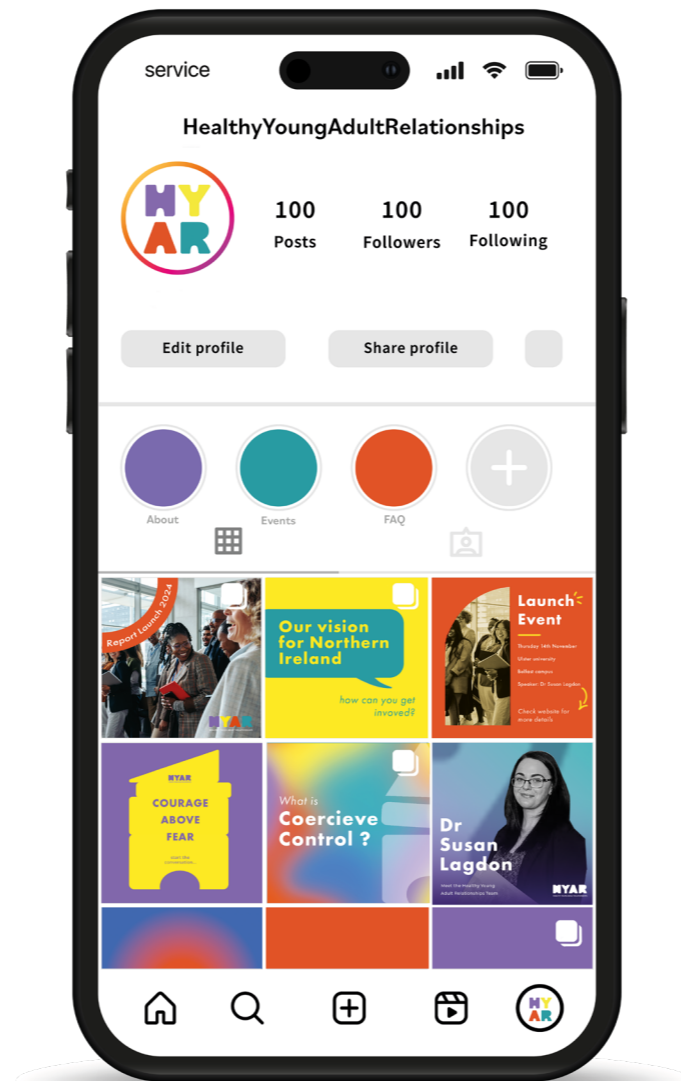
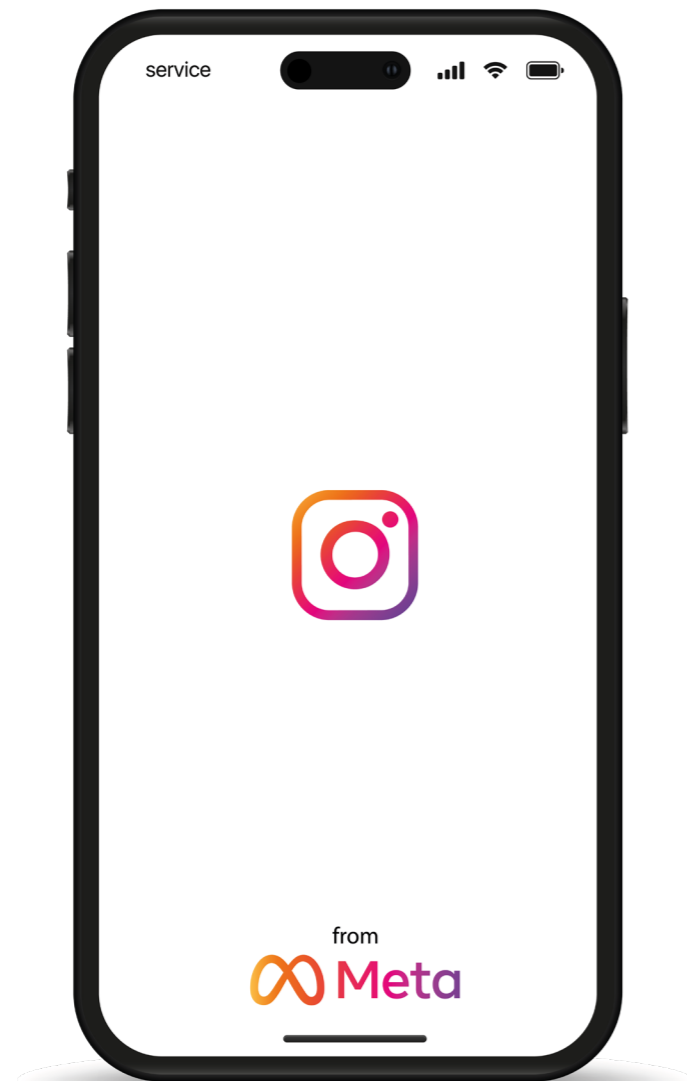



Communication decreasing victimisation and perpetration normals



Builds stronger community perceptions regarding IPV (Intimate Partner Violence)

# Social Media





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**Username**  
Lorem Ipsum Dolor  
Xyz. Xyz [Contact Info.](#)


[Open to](#) [Add section](#) [More](#)





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HYAR  Suggested for you • Dec 1 •   

Lorem Ipsum is simply dummy text of the printing and typesetting industry.



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# Stationery



# Certificate

# Pin



## CERTIFICATE Of Achievement

This certificate is presented to

**Full Name**

---

This certificate is proudly presented to (Full Name) for successfully completing the training course offered by Healthy Young Adult Relationships

Presented on

Presented by



# Merchandise





# Promotion



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SENIOR LECTURER



- 📍 Location
- ☎ Phone Number
- ✉ Email



# Motion Graphics

